

Spirit and Life

Pastor Steve McInroy
www.experiencetherock.com

Three Indicators of Spirit and Life

John 6:51-55 — I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. And the bread that I will give for the life of the world is my flesh.” 52 The Jews then disputed among themselves, saying, “How can this man give us his flesh to eat?” 53 So Jesus said to them, “Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. 54 Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. 55 For my flesh is true food, and my blood is true drink.

I. Abiding in Christ

John 6:56-61 — Whoever feeds on my flesh and drinks my blood abides in me, and I in him. 57 As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. 58 This is the bread that came down from heaven, not like the bread the fathers ate, and died. Whoever feeds on this bread will live forever.” 59 Jesus said these things in the synagogue, as he taught at Capernaum. 60 When many of his disciples heard it, they said, “This is a hard saying; who can listen to it?” 61 But Jesus, knowing in himself that his disciples were grumbling about this, said to them, “Do you take offense at this?”

II. Teachable

Mark 10:21,22 (NASB) — And Jesus, looking at him, loved him, and said to him, “You lack one thing: go, sell all that you have and give to the poor, and you will have treasure in heaven; and come, follow me.” 22 Disheartened by the saying, he went away sorrowful, for he had great possessions.

John 6:62,63 — Then what if you were to see the Son of Man ascending to where he was before? 63 It is the Spirit who gives life; the flesh is no help at all. The words that I have spoken to you are spirit and life.

Galatians 5:16 — But I say, walk by the Spirit, and you will not gratify the desires of the flesh.

John 3:6 — That which is born of the flesh is flesh, and that which is born of the Spirit is spirit.

John 6:64-67 — But there are some of you who do not believe.” (For Jesus knew from the beginning who those were who did not believe, and who it was who would betray him.) 65 And he said, “This is why I told you that no one can come to me unless it is granted him by the Father.” 66 After this many of his disciples turned back and no longer walked with him. 67 So Jesus said to the Twelve, “Do you want to go away as well?”

III. Faith

Psalms 37:5 — Commit your way to the Lord; trust in him, and he will act.

John 6:68,69 — Simon Peter answered him, “Lord, to whom shall we go? You have the words of eternal life, 69 and we have believed, and have come to know, that you are the Holy One of God.”

II Corinthians 12:9,10 — And He has said to me, “My grace is sufficient for you, for power is perfected in weakness.” Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me. 10 Therefore I am well content with weaknesses, with insults, with distresses, with persecutions, with difficulties, for Christ’s sake; for when I am weak, then I am strong.

John 6:70,71 — Jesus answered them, “Did I not choose you, the Twelve? And yet one of you is a devil.” 71 He spoke of Judas the son of Simon Iscariot, for he, one of the Twelve, was going to betray him.

A.W. Tozer — *The Spirit-filled life is not a special, deluxe edition of Christianity. It is part and parcel of the total plan of God for His people.*

J.C. Ryle — *Abide in Me says Jesus. Cling to Me. Stick fast to Me. Live the life of close and intimate communion with Me. Get nearer to Me. Roll every burden on Me. Cast your whole weight on Me. Never let go your hold on Me for a moment. Be, as it were, rooted and planted in Me. Do this and I will never fail you. I will ever abide in you.*

John Meyer — *The secret to following Christ is not found in you. If you think that dedication to Christ is found by finding good within yourself, you are going to have a hard time.*