

# The Spiritual War

Pastor Josh Whitney  
(josh@trc.life)

## Galatians 5:16-26

But I say, walk by the Spirit, and you will not gratify the desires of the flesh. 17 For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. 18 But if you are led by the Spirit, you are not under the law. 19 Now the works of the flesh are evident: sexual immorality, impurity, sensuality, 20 idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, 21 envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. 22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, self-control; against such things there is no law. 24 And those who belong to Christ Jesus have crucified the flesh with its passions and desires. 25 If we live by the Spirit, let us also keep in step with the Spirit. 26 Let us not become conceited, provoking one another, envying one another.

Walking in the Spirit: living a life guided by the Holy Spirit; becoming more like Christ

Living in the Flesh: living a life according to our old, fallen, sinful nature; becoming more sinful

---

---

---

1. God's Spirit \_\_\_\_\_ moves into you when you become a Christian.

---

---

---

2. What are you \_\_\_\_\_ in your life spiritually?

---

---

---

3. The flesh must be put to \_\_\_\_\_.

---

---

---

4. Love is a \_\_\_\_\_ required of us (at all times) by God.

---

---

---

5. \_\_\_\_\_ do you need to kill the flesh and walk with the Spirit?

---

---

---

### Discussion Questions:

1. What was your biggest takeaway from these verses?
2. What does it mean to "walk by the Spirit" (Galatians 5:16)? How does this affect daily life?
3. Paul lists the "works of the flesh" in verses 19-21. Why do you think he gives such a detailed list?
4. Which Fruit of the Spirit do you find most natural in your life? Which one do you struggle with the most?
5. How can Believers help one another walk by the Spirit instead of falling into the works of the flesh?
6. Verse 24 says that those who belong to Christ have "crucified the flesh." What does that look like in practical terms?
7. Pray for each other.

**Next Week's Message: March for Missions**