Gentle and Burden-Bearing

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GALATIANS 6:1-5

Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted. 2 Bear one another's burdens, and so fulfill the law of Christ. 3 For if anyone thinks he is something, when he is nothing, he deceives himself. 4 But let each one test his own work, and then his reason to boast will be in himself alone and not in his neighbor. 5 For each will have to bear his own load.

I. The Spirit helps us _____ for _____ _____.

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II. The Spirit helps make us _____.

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III. The Spirit helps us _____ one another's _____.

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Quotes

To reprove without pride, to convince without passion, to restore without bitterness- this is the work of spiritual men. **- John Wesley**

A Christian is a burden-bearer, not a burden-maker. Love drives us to carry our brother's load, not add to it. **- Martin Luther**

Oh, how much we owe to the Lord's burden-bearers, those who make our case their own and carry us in their hearts before God!
– C.H. Spurgeon

Discussion Questions:

- Is there someone you love and care for who seems to be 'caught' and drifting away? What next step do you think the Lord wants you to take toward them today?
- Have you ever been corrected or restored in a way that lacked gentleness? How did it affect your response?
- On a scale of 1-10, how would you rate your gentleness?
- On a scale of 1-10, how do you think your loved ones would rate your gentleness? What specific areas need improvement?
- What's something heavy you've been carrying lately? How is it impacting your daily life? Who could you ask to pray for you today?
- Have you ever downplayed a burden you were carrying because you didn't want to bother anyone? What was the result?
- Why do you think we are often tempted to avoid the burdens of others?
- Can you share a time when someone came alongside you when you were down? How did it make you feel?

Next Week: Galatians 6:6-10